



Michigan Model for Health Curriculum

LOCATION: Bay-Arenac ISD ESC building

*Sub-reimbursement is available
SCECHs are available for all sessions.

Register Now!

MMH PRESCHOOL | December 14, 2023 | 8:30 am–3:00 pm | Lunch provided

This full-day on-site training is intended for preschool teachers who plan to use the Michigan Model Preschool activities in their classroom.

Register Now!

MMH K-5 | January 9, 2024 | 8:30 am–11:30 am

The evidence-based Michigan Model for Health has been proven to be effective in promoting health skills and preventing risk behaviors. This hybrid half day free session will require a two-hour online portion to be completed prior to the on-site, in person training. The training is designed for teachers and educators to implement as a component of the core school curriculum with 21 lessons around 15 minutes per session.

Register Now!

MMH K-5 | October 17, 2023 or February 15, 2024 | 8:30 am–3:00 pm | Lunch provided

A proven effective program called the Michigan Model for Health focuses on promoting health skills and preventing risky behaviors. It is designed for teachers and educators to integrate into their core school curriculum in 21 sessions that last approximately 15 minutes each. The full day training is free, but there is an online portion that must be completed and provide a certificate of completion before the on-site, in-person training.

Register Now!

MMH K-12 | April 10, 2024 | 8:30 am–3:00 pm | Lunch provided

The Michigan Model for Health curriculum, designed for K- 12th-grade students, provides various learning opportunities that teach essential skills for health and life. The program covers multiple topics, such as nutrition, physical activity, social and emotional health, tobacco, other drugs, safety, and personal health and wellness. Before attending the in-person session, students must complete the necessary online pre-work.

Register Now!

MMH 6-12 | March 4, 2024 | 8:30 am–3:00 pm | Lunch provided

The Michigan Model for Health curriculum, designed for 6-12 grade students, provides various learning opportunities that teach essential skills for health and life. The program covers multiple topics, such as nutrition, physical activity, social and emotional health, tobacco, other drugs, safety, and personal health and wellness. Before attending the in-person session, students must complete the necessary online pre-work.

Register Now!

MMH 7-8 | October 10, 2023 | 8:30 am–3:00 pm | Lunch provided

By completing this training, teachers will be equipped to teach the Michigan Model for Health curriculum for grades 7 & 8, which includes modules on Nutrition and Physical Activity, Social and Emotional Health, and Tobacco and Stay Drug-Free. The full day free workshop lasts 2.5 hours of instruction and 2.5 hours of assistance with implementation. Before attending the on-site, in-person training, participants must complete pre-work and provide a certificate of completion.

Register Now!

MMH 7-12 | January 17, 2024 | 8:30 am–11:30 am

The Michigan Model for Health curriculum, designed for 6-12 grade students, provides various learning opportunities that teach essential skills for health and life. The hybrid program covers multiple topics, such as nutrition, physical activity, social and emotional health, tobacco, other drugs, safety, and personal health and wellness. Before attending the in-person session, participants must complete the necessary online pre-work.

Register Now!

MMH 9-12 | October 12, 2023 | 8:30 am–3:00 pm | Lunch provided

This evidence-based Michigan Model for Health high school course addresses the MMC graduation requirement for health education completely. This full day free workshop is scheduled for 2.5 hours of instruction and 2.5 hours of assistance with implementation. Before attending the on-site, in-person training, participants must complete pre-work and provide a certificate of completion.



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MMH PLANNING K-6 | January 24, 2024 | 8:30 am-3:00 pm | Lunch provided

This full-day training is intended as a planning day to help teachers prepare to implement the Michigan Model curriculum in the classroom.

Register Now!

MMH PLANNING MIDDLE & HIGH SCHOOL |

January 31, 2024 | 8:30 am-3:00 pm | Lunch provided

This full-day training is intended as a planning day to help teachers prepare to implement the Michigan Model curriculum in the classroom.

Register Now!

MMH K-12 PLANNING SESSION | February 20, 2024 | 8:30 am-3:00 pm | Lunch provided

This training is intended as a planning day to help teachers prepare to implement the Michigan Model curriculum in the classroom.

Register Now!

MMH REFRESHER | March 21, 2024 | 8:30 am-3:00 pm | Lunch provided

Take advantage of this complimentary in-person refresher course that will assist in identifying and ranking essential health skills to be taught from the MMH curriculum, reviewing additional curriculum content necessary for successful implementation, recognizing new vital components of the curriculum, and acknowledging the correlation between CASEL's five SEL competencies and the MMH curriculum.

Register Now!

MMH PERSONAL HEALTH AND WELLNESS |

December 7, 2023 | 8:30 am-3:00 pm | Lunch provided

Join us for a full day in-person training session covering various health-related topics, focusing on promoting healthy behaviors. Through group discussions and idea-sharing, attendees will learn practical ways to improve their wellness. Moreover, participants will receive valuable information on these topics and guidance on creating an implementation plan and accessing community resources.

Register Now!

MMH ALCOHOL, TOBACCO AND OTHER DRUGS |

November 9, 2023 | 8:30 am-3:00 pm | Lunch provided

This full day on-site training will cover various health topics and encourage healthy behaviors. We will discuss different modes and methods for consuming alcohol, marijuana, vaping materials, drug trends, risk and protective factors, and stash products. We will also provide information on these issues and offer implementation planning and additional community resources.



FACILITATED BY

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REGISTRATION QUESTIONS

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